

IN THE MATTER OF	*	BEFORE THE MARYLAND
ROBERT JAMES TROELL, M.D.	*	STATE BOARD OF
RESPONDENT	*	PHYSICIANS
License Number: D0100264	*	Case Number: 2226-0077B

\* \* \* \* \*

## CONSENT ORDER

### PROCEDURAL BACKGROUND

The Maryland Board of Physicians (the “Maryland Board”) received information that Robert James Troell, M.D., (the “Respondent”) License Number D0100264, was disciplined by the Medical Board of California (the “California Board”). In a Decision and Order (the “Order”) dated October 3, 2025, the California Board issued a reprimand and ordered that the Respondent shall complete a course in Education, Medical Record Keeping and Professionalism Program (Ethics). Furthermore, the Respondent shall reimburse the California Board for its investigation in the amount of \$13,759.00.

Based on the above-referenced California Board sanction, the Maryland Board has grounds to charge the Respondent with violating the following provisions of the Maryland Medical Practice Act (the “Act”), under H. O. § 14-404(a):

- (a) Subject to the hearing provisions of § 14-405 of this subtitle, a disciplinary panel, on the affirmative vote of a majority of the quorum of the disciplinary panel, may reprimand any licensee, place any licensee on probation, or suspend or revoke a license if the licensee:
  - (21) Is disciplined by a licensing or disciplinary authority or convicted or disciplined by a court of any state or country or disciplined by any branch of the United States uniformed services or the Veteran’s Administration for an act that would be grounds for disciplinary action under this section,

Disciplinary Panel B ("Panel B") has determined that the acts for which the Respondent was disciplined in California would be grounds for disciplinary action under H.O. § 14-404(a). The grounds for disciplinary action under H.O. § 14-404(a) are as follows:

- (22) Fails to meet appropriate standards as determined by appropriate peer review for the delivery of quality medical and surgical care performed in an outpatient surgical facility, office, hospital, or in any other location in this State;
- (40) Fails to keep adequate medical records as determined by appropriate peer review[.]

Based on the action taken by the California Board, the Respondent agrees to enter into this Consent Order with Panel B, consisting of Procedural Background, Findings of Fact, Conclusions of Law, Order and Consent.

### **FINDINGS OF FACT**

Panel B makes the following findings of fact:

1. At all times relevant hereto, the Respondent was a physician licensed to practice medicine in the State of Maryland. The Respondent was initially licensed in Maryland on or about April 25, 2024.
2. On or about February 14, 2018, the Respondent "performed bilateral breast reduction surgery" on a patient (the "Patient") who sought breast reduction to relieve her chronic back pain.
3. During the Patient's follow-up appointment, post-surgical photos showed a "high-riding nipple deformity and an extended nipple to inframammary fold distance." This issue persisted post-surgery, as the Patient's "nipple/areolar complex ("NAC") [remained] pointing upwards in the upper portion of the breast." The span between the

NAC and inframammary fold was “overly long,” with the NAC appearing to be at “the same level as the axilla, rather than the typical mid-position of the humerus.” The Respondent used a “vertical technique on [the Patient’s] already bottom-heavy breasts, rather than the more appropriate Wise pattern technique,” which resulted in the patient sustaining a “significant and permanent nipple location deformity.”

4. On or about May 23, 2018, the Respondent “surgically removed a lesion from [the Patient’s] right shoulder using a local anesthetic” but neglected to obtain written consent from the patient.

5. During the California Board investigation, the Respondent provided his curriculum vitae to investigators who noted “seven credentials under his ‘Certifications’ that were not ABMS or equivalent boards, nor recognized by the Board to be board-certified.”

6. By Order dated October 3, 2025, the California Board issued a reprimand and ordered that the Respondent shall complete a course in Education, Medical Record Keeping, and Professionalism Program (Ethics).

A copy of the California Board Order is attached hereto.

### **CONCLUSIONS OF LAW**

Based on the foregoing Findings of Fact, Panel B concludes as a matter of law that the Respondent is subject to discipline under Health Occ. § 14-404(a)(21) for the disciplinary action taken by the California Board against the Respondent for an act or acts that would be grounds for disciplinary action under Health Occ. §14-404(a)(22) and (40).

### **ORDER**

It is, thus, by Panel B, hereby:

**ORDERED** that the Respondent's license to practice medicine in the State of Maryland be and is hereby **REPRIMANDED**; and it is further

**ORDERED** that the Respondent shall comply with the terms and conditions of the October 3, 2025, California Board Decision and Order; and it is further

**ORDERED** that this Consent Order shall not be amended or modified and future requests for modification will not be considered; and it is further,

**ORDERED** that the effective date of the Consent Order is the date the Consent Order is signed by the Executive Director of the Board or her designee. The Executive Director or her designee signs the Consent Order on behalf of the disciplinary panel which has imposed the terms and conditions of this Consent Order; and it is further

**ORDERED** that the Respondent is responsible for all costs incurred in fulfilling the terms and conditions of this Consent Order; and it is further

**ORDERED** that, if the Respondent allegedly fails to comply with any term or condition imposed by this Consent Order, the Respondent shall be given notice and an opportunity for a hearing. If the disciplinary panel determines there is a genuine dispute as to a material fact, the hearing shall be before an Administrative Law Judge of the Office of Administrative Hearings followed by an exceptions process before a disciplinary panel; and if the disciplinary panel determines there is no genuine dispute as to a material fact, the Respondent shall be given a show cause hearing before a disciplinary panel; and it is further

**ORDERED** that, after the appropriate hearing, if the disciplinary panel determines that the Respondent has failed to comply with any term or condition imposed by this Consent Order, the disciplinary panel may reprimand the Respondent, place the

Respondent on probation with appropriate terms and conditions, or suspend Respondent's license with appropriate terms and conditions, or revoke the Respondent's license. The disciplinary panel may, in addition to one or more of the sanctions set forth above, impose a civil monetary fine on the Respondent; and it is further

**ORDERED** that this Consent Order is a public document. *See* Health Occ. §§1-607, 14-411.1(b)(2) and Gen. Prov. §4-333(b)(6).

12/17/2025  
Date

***Signature on file***

Christine A. Farrelly  
Executive Director  
Maryland Board of Physicians

### CONSENT

I, Robert Troell acknowledge that I have consulted with legal counsel before signing this document.

[OR]

I, Robert Troell acknowledge that I am aware of my right to consult with and be represented by counsel in considering this Consent Order. I have chosen to proceed without counsel and I acknowledge that the decision to proceed without counsel is freely and voluntarily made.

By this Consent, I agree to be bound by this Consent Order and all its terms and conditions and understand that the disciplinary panel will not entertain any request for amendments or modifications to any condition.

I assert that I am aware of my right to a formal evidentiary hearing, pursuant to Md. Code Ann., Health Occ. § 14-405 and Md. Code Ann., State Gov't §§ 10-201 *et seq.* concerning the pending charges. I waive this right and have elected to sign this Consent Order instead.

I acknowledge the validity and enforceability of this Consent Order as if entered after the conclusion of a formal evidentiary hearing in which I would have had the right to counsel, to confront witnesses, to give testimony, to call witnesses on my behalf, and to all other substantive and procedural protections as provided by law. I waive those procedural and substantive protections. I acknowledge the legal authority and the jurisdiction of the disciplinary panel to initiate these proceedings and to issue and enforce this Consent Order.

I voluntarily enter into and agree to comply with the terms and conditions set forth in the Consent Order as a resolution of the charges. I waive any right to contest the Findings of Fact and Conclusions of Law and Order set out in the Consent Order. I waive all rights to appeal this Consent Order.

I sign this Consent Order without reservation, and fully understand the language and meaning of its terms.

12/09/25

Date

***Signature on file***

Robert James Troell, M.D.  
Respondent

NOTARY

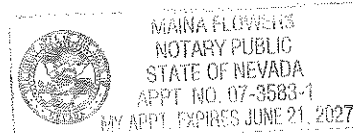
STATE OF Nevada

CITY/COUNTY OF Clark

I HEREBY CERTIFY that on this 9th day of December, 2025, before me, a Notary Public of the State and City/County aforesaid, personally Robert James Troell, M.D., and made oath in due form of law that the foregoing Consent Order was his voluntary act and deed.

AS WITNESS my hand and notarial seal.

Maina Flowers  
Notary Public



My Commission expires: June 21, 2027