

**MARYLAND BOARD OF PHYSICIANS
POLYSOMNOGRAPHY ADVISORY COMMITTEE
4201 Patterson Avenue, Baltimore, Maryland, Room 100
Thursday, August 27, 2026
4:00 p.m. via Zoom**

**OPEN MEETING MINUTES
VIA ZOOM**

PRESENT: Golfam Javanoskooei, RPSGT, Chair, Bernesta C. Williams, M.D., Agha W. Mirza, RPSGT, Tracy L. Cutler, MPH, RAC, Consumer Member

ABSENT: Jennifer So, M.D., Shannon Jones, RPSGT

STAFF PRESENT: Ellen Douglas Smith, Deputy Director, Felicia Wright, Allied Health Manager, Stacey Darin, Esq., Board Counsel, Madeline DelGreco, Health Policy Manager, Oriell Harris, Health Policy Analyst, Favour Obasiolu, Health Policy Analyst Associate, Angela Foglestad, Allied Health Analyst Associate

STAFF ABSENT: Christine A. Farrelly, Executive Director, Margaret Ellis Jury, Lead Allied Health Analyst

CALL TO ORDER

Ms. Javanoskooei called the meeting to order at 4:07 p.m.

APPROVAL OF MINUTES

On a motion made by Dr. Williams and seconded by Ms. Cutler, the Committee unanimously approved the February 26, 2026, Open Meeting Minutes.

LEGISLATION, REGULATIONS, AND POLICY UPDATES

Medbridge Respiratory Therapy SDS Letter – Examination Qualifications and Educational Pathways

Ms. Harris informed the Committee that the Board received a letter on March 6, 2026, from MedBridge Healthcare, requesting that the Polysomnography Advisory Committee review and clarify the licensure application process for Maryland-licensed respiratory care practitioners (RCP) holding the Sleep Disorder Specialty (SDS) credential. They believe that the Board should waive the additional educational requirement for respiratory care practitioners who have passed the SDS exam, and revise the application to state that the SDS credential is sufficient evidence that an RCP is qualified for licensure as a polysomnographic technologist.

In a letter to MedBridge Healthcare, dated March 23, 2026, the Board clarified that Health Occupations Article §14-5C-09(c) sets two distinct licensure requirements for polysomnographic technologists. Although the Board recognizes that the SDS credential reflects prior professional training and competency, statutory guidelines do not permit the substitution of examination credentials for educational requirements, as each must be met independently.

To provide further statutory clarification, the Board plans to revise the education and examination pathways in the polysomnographic technologist statutes as part of its bill for the upcoming legislative session.

Proposed Amendments to Health Occupations §14-5C-09

Ms. DelGreco informed the Committee about the proposed statutory amendments to Health Occupations Article, § 14-5C-09. She explained that the current statute authorizes applicants who have graduated from an ASTEP-accredited sleep technologist educational program and completed its clinical component to qualify for licensure. However, the proposed amendment removes ASTEP as an educational pathway and establishes an educational waiver for an individual who has practiced for at least 5 years as a polysomnographic technologist in another state under a full, unrestricted license or certification.

BOARD COUNSEL REPORT

Nothing to report

NEW BUSINESS

None

PUBLIC COMMENTS

No members of the public were present.

CONVENE TO CLOSED

Pursuant to Maryland Code Annotated, General Provisions Article section 3-305(b)(1), on a motion made by Mr. Mirza and seconded by Dr. Williams, the Polysomnography Advisory Committee members present unanimously voted to close its meeting on August 27, 2026, at 4:39 p.m. via Zoom for the purpose of discussing the appointment of new committee members.

Submitted by,

Angela Foglestad, Allied Health Analyst Associate